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S&S Big Twin and Sportster Connecting Rods

S&S connecting rods are stronger than stock and most other types of rods because:

1. S&S rods have wider I-beams, heavier radiiuses in critical areas, and extra gusseting.
2. S&S heavy duty and SUPREME #34-7900 rods are forged from 4140 chrome moly steel. All other SUPREME rods are forged from 4130EQ chrome moly steel.
3. S&S rods are heat treated to harder specifications.
4. S&S rods are shot peened.

IMPORTANT NOTES
● S&S SUPREME rods require additional clearancing in all stock flywheel assemblies, and stock cases when most stroker kits are installed. It is the responsibility of the motor builder to check for any interference in all applications.
● Whenever clearancing is performed during any installation checks, follow recommended procedures only. Remove material only from specified areas.
● Thoroughly inspect, debur and clean all parts before final assembly. Blow air through oil passageways to check for blockages.
● Read manufacturer’s instruction label before using solvents or degreasers when cleaning and assembling parts.
● Any modification performed to S&S rods other than those specified in these instructions voids any and all S&S warranties.

CAUTION - Failure to follow recommended clearancing procedures and to use recommended clearances may cause damage to rods and/or other engine components.

WARNINGS
● Unwarranted connecting rod clearancing may weaken a connecting rod possibly causing it to break. A broken connecting rod may cause the engine to stop suddenly without warning during operation possibly causing loss of control of motorcycle and personal injury to you or others.
● Some solvents, degreasers, and other chemicals are toxic and/or harmful to skin and eyes. Many items are flammable and present a fire hazard. Read manufacturer’s instruction label for proper use. Use in well ventilated area and wear protective clothing when using them to avoid personal injury.
● Compressed air and particles dislodged by compressed air are harmful to eyes and body. Wear protective goggles when using compressed air and always direct air stream away from body parts such as hands and eyes. Never direct compressed air toward other people.

Flywheel Balance
All S&S rods, because of their beefier construction, weigh more than comparable stock types. Therefore, it is recommended to check and rebalance flywheels when replacing other rods with S&S types.

Flywheel and Crankcase Clearancing
Due to increased front to rear I-beam width, crankpin end bulk, and gusseting of S&S rods, additional rod to flywheel and rod to crankcase clearancing will be required. Prior to flywheel rebalancing and final assembly, each flywheel must be mocked up with mainshaft and rods to check clearances. Places to note for contact are:

1. Female rod crankpin end to mainshaft nuts - .030” minimum clearance recommended.
   A. Install sprocket shaft and crankpin in driveside flywheel. Snug nuts only. Do not torque to final specs.
   B. Slide connecting rods and bearings over crankpin.
   C. Rotate rods on crankpin, and observe clearance between rod and sprocket shaft nut.
   D. If additional clearance is needed, remove material from sprocket shaft nut. Do Not remove material from connecting rod.
   E. Repeat procedure for camside flywheel and pinion shaft.

2. Female rod crankpin end to inner flywheel rim - .060” clearance recommended.
   A. While checking female rod to mainshaft clearance, observe clearance between crankpin end of female rod and rim of both flywheels.
B. If additional clearance is required, remove material from flywheel at point of contact. Do not remove material from connecting rod.

3. Wristpin end of both female and male rods to flywheel edge - .060" minimum clearance recommended.
   A. While checking female rod to mainshaft clearance, observe clearance between wristpin end of both rods and rim of both flywheels.
   B. If additional clearance is required, remove material from flywheel at point of contact. Do not remove material from connecting rod.

4. Wristpin end to crankcase and cylinder - .060" is recommended in these areas.
   A. With the camside flywheel and rods mocked up, install the assembly in the right crankcase half with pistons (less rings) and cylinders in place.
   B. Rotate flywheel through one full revolution and check for rod to crankcase and cylinder spigot contact on both the front and rear of each cylinder.
   C. File or grind crankcase or cylinder spigot as needed to achieve .060" clearance. Do not remove more material than needed.
   D. Repeat for left crankcase half.

NOTE - Whenever clearancing is performed in any of these areas, do not remove any material from the connecting rods as clearancing on the rods may unnecessarily weaken them. Make adjustments to the point of contact on the mainshaft nut, flywheel rim, crankcase, cylinder spigot, etc.

CAUTION - Connecting rods weakened by clearancing may fail causing serious engine damage.

Rod side play - Recommended rod side play is .015" to .035". If on assembly, side play is found to be less than .015", surface grind equal amounts off thrust faces on both sides of female rod. The recommended bearing cage width is .008" to .020" less than the female rod width. This must be checked if female rod has been narrowed.

Rod to rod clearance - S&S rods have been machined to fit stroker flywheels up to and including 5" stroke without additional rod to rod clearance. If a longer stroke is to be used, this clearance must be checked and increased as necessary - .060" clearance is recommended and must be removed from the point of contact on the female rod. Remove only enough material to obtain recommended clearance. Smooth blend all clearance contours to avoid stress risers.

<table>
<thead>
<tr>
<th>PART NUMBER</th>
<th>APPLICATION</th>
<th>ROD LENGTH</th>
<th>WRIST PIN DIAMETER</th>
<th>BEARING CAGE TYPE</th>
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<td>#34-7000</td>
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<td>7.440&quot;</td>
<td>.791&quot;</td>
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Chart 1
Roller bearing clearance - S&S rods for street applications have been honed to .001-.0012" running clearance. These rods require a new engine break-in period of at least 2000 miles.

NOTE - If connecting rods are to be used in a racing application where proper engine break-in is not possible, rod bearing races must be honed to provide a minimum of .0005" additional roller bearing clearance. S&S can supply rod sets with racing clearance on request at no additional charge.

Specifications and Recommendations

Centerline measurement - All S&S rod sets except #34-7800 and #34-7900 measure 7.440" from wristpin centerline to crankpin centerline. This dimension is the same as that of stock Big Twin rods from 1974 to present and stock Ironhead Sportster rods from 1957 to 1985. This is .030" less than stock 1936 to 1973 OHV Big Twin rods. S&S Big Twin rods can be used in applications replacing earlier, longer stock rods with the most noticeable effect being a drop in compression of about 1/3 to 1/2 point. Piston to piston and piston to flywheel clearances should be checked.

Rod set #34-7800 measures 6.926" from centerline to centerline. These rods are the same length as stock 1983 XR-1000 and 1986 and later Sportster V2 rods. Rod set #34-7900 measures 7.113" from centerline to centerline and are a special length designed exclusively for S&S Sportster V2 Sidewinder/stroker applications.

Wristpin bushings - Connecting rods for Evolution engines are sized for .792" diameter wrist pins. Connecting rods for Pre-Evolution engines are sized for .791" diameter wrist pins. Refer to Chart 1 for part numbers, applications, and wrist pin diameters. When the correct style wrist pin is used a running clearance is .001".

NOTE - If connecting rods fit for Evolution style wrist pins are used with Pre-Evolution wrist pins, running clearance will be .002". Our experience has been that this amount of clearance will not cause problems, however correct clearance should provide better engine life and less possibility of noise.

S&S racing connecting rods utilize a 0.892" diameter wristpin. Refer to Chart 1 for applications and part numbers. To alter a bushed S&S rod set to be used with S&S racing pistons which are equipped with a 0.892" diameter wristpins, the wristpin bushing must be pressed out, and a 3/32" diameter hole drilled on each side of the I-beam into the pin boss as close to parallel with the I-beam as possible. See Figure 1. After these holes are drilled, the wristpin hole of each rod must be honed to provide 0.001" running clearance.

NOTE - S&S offers connecting rod sets which are pre-fit to .892" diameter wrist pins. S&S also offers .001" and .002" oversize replacement wristpins for this application. See S&S catalog for part numbers.

S&S SUPREME Rods For Sportsters - S&S Sportster SUPREME rods have wristpin ends machined to the same width as Big Twin rods (1.073") for 3-5/16" or larger bore sizes where more wristpin support is desired.

NOTE - In applications where less than a 3-5/16" bore is used, the width of the wristpin end is machined to .946" (stock Sportster width. See the S&S catalog for part numbers.

CAUTION - Supreme rods with wristpin ends machined to 1.073" width must not be used in applications where bore size is less than 3-5/16" as contact with piston pins boss may result.

Polishing - All S&S rods and are shot peened to increase fatigue resistance. Grinding and polishing the surfaces reduces this effect and is not recommended.

NOTE - S&S voids its guarantee if any S&S connecting rods are ground, polished or modified in any way.

Crankpin nuts - All S&S Big Twin crankpins manufactured after May 1, 1990 are machined for late
1981 and later style crankpin nuts. The increased number of threads per inch (1”-20) and the larger nut surface area provide a stronger crankpin/nut assembly. Early style stock flywheels may require additional nut and socket clearance.

Note: When this combination is used in some early S&S flywheels, additional crankpin nut socket to flywheel clearance may be required. In these instances, S&S recommends removing the required material from the flywheels before balancing.

Torque specifications - Use green grade Loctite on the threads during assembly. Tighten all Big Twin and Sportster nuts to stock H-D factory specifications in cast iron flywheels. When using S&S forged flywheels, tighten Big Twin nuts to 400 ft. lbs. minimum and Sportsters to 300-350 ft. lbs..

Preassembly cleaning - Disassemble and thoroughly clean all parts in lacquer thinner to remove dirt, filings, etc. Pay particular attention to the crankpin oil passageways. Reassemble using high quality break-in grease.

Connecting Rod Alignment

After flywheel assembly has been installed in crankcase, rods should be checked for alignment. S&S Rod Checking Pin, Part #53-0002, was designed to help perform this procedure. It may also be necessary to fabricate a rod bending tool as illustrated in Figure 2. The purpose of this procedure is to compensate for machining tolerance discrepancies in component parts which may lead to pistons not running true in cylinder bores. While the rods are straight and true, it is sometimes necessary to bend them slightly to compensate for these conditions. Figure 3 shows an exaggerated view.

NOTE - We feel that using a piston in lieu of a checking pin may prove inaccurate due to variations in lengths of piston skirts from one side of piston to the other.